iHERE

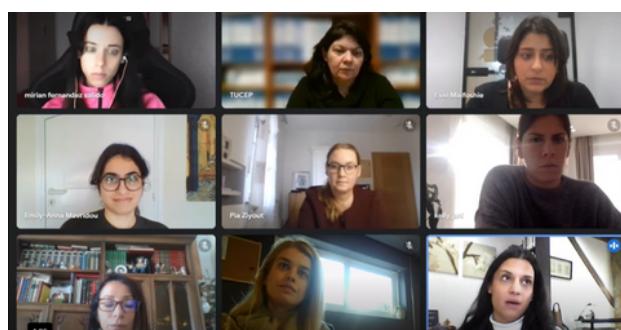# iDigital HEalth liteRacy Education for vulnerable groups

iHERE Project

The iHERE project supports the vulnerable social groups in developing a set of health literacy and digital literacy skills. These skills include the ability to analyse information from digital sources and apply the knowledge to personal health situations. The main aim of iHERE project is the direct access of the socially vulnerable groups into healthcare services and health promotion information through the familiarization of digital sources and tools.

2nd Transnational Meeting

The second Transnational Meeting took place virtually on December 16 and 17 2022. At the meeting we could welcome some new project members and worked more concretely on the inrellectual outputs 1-3. Especially the development of the modules for the IO2 and the next steps were in focus.

Discover more on our website https://ihere-digitalhealthed.eu or fill out the contact form at https://ihere-digitalhealthed.eu/contact-us/

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iDigital HEalth liteRacy Education

IO1 State of the Art

Health issues are established among vulnerable groups due to low levels of health literacy. Digital health literacy (DHL) among vulnerable groups is low compared to the one of the general population. Barriers contributing to low levels of DHL vary among the vulnerable groups and are mostly relevant to both individual background and health system context. Improvement of DHL levels will empower individuals among vulnerable groups. Exploiting the drivers facilitating the delivery of DHL and existing tools will help to develop strategies for enhancing their DHL levels. Healthcare professionals should deepen their knowledge and the ways of the information delivery across the vulnerable groups by using easily accessible and user-friendly DHL tools.

IO2 Digital Context & Components

CSICY as the leading partner of this output is currently working on the development of an e-learning platform and mobile application that will host the modules created by partners on the following topics:

1. Digital Health Literacy
2. Health Management
3. Vaccination
4. Basic Health Education
5. Mental Health
6. Gender-specific Health
7. Family Health

Stay tuned for the launch of our free, interactive e-learning environment and the piloting which will soon take place in each partner country!

IO3: Methodological Framework Handbook

Outlook: Currently we are working on the IO3. This should be a guideline for all products developed in the project. Stakeholders should receive a guideline for the implementation of the training activities in their facility. For this purpose, addressees (adult educators, health care, staff with knowledge about the target group, etc.) are currently being identified in order to be able to adapt the content to their different needs and possibilities. The manual will be available as a digital and interactive flipbook.

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